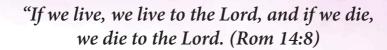


September 2023 Vol. 02 - For private Circulation Only







Rest in Peace

SR. MOLLY THERESIAMMA SMA

Born: 03/01/1968 Died: 13/09/2023

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Beloveds of Christ Jesus,

For I know the plans I have for you, declares the Lord, plans for welfare and not for evil, to give you a future and a hope (Jer 29:11)

An instrument bound with love, embark on your journey to influence the Universe, envision the nation and the humanity without divisions and devoid of discrimination. Let your collective efforts pave the way for the Synodal path.



We extend our joyful greetings to you all, knowing that your faith and devotion light up the world with hope. Your unwavering commitment to serve the poor and abandoned young girls is a testament to the strength of the heavenly kingdom.

In these challenging times, your presence and dedication provide an ideal of hope for all who are fortunate enough to know you. Your love and compassion bring comfort to those in need and you are all rendering your selfless and valuable service to the poorest of the poor and especially, for the welfare of the Catholic Church and for THE SOCIETY OF SISTERS OF MARIA AUXILIUM.

So, with immense pleasure we bring out this edition by the grace of God, and by the blessings of Our Blessed Mother with the guidance of our Superior General Rev Sr. Josephine Selvi, SMA. I hope this SMA Newsletter will be the leading force in your spiritual and pastoral journey. Let us all join together to create a new hope filled world for the young people to find their solace in the Lord.

May our journey continue to be guided by faith, assisted by Our Blessed Mother, and nourished by the teaching of St. John Bosco, the pattern of all the Youngsters.

With faith and love,

Sr. Berna Dass SMA

SMA NEWSLETTER 4 September 2023



Dear Friends in Christ Jesus,

It is my immense pleasure to present the Second Edition of the SMA Newsletter to you and I am pleased to meet you all through this Letter. This Edition contains many special events which took place in our Congregation from Dec 2022 to Sep 2023 and I would like to share with you a relevant Message of Accompanying the Young in the way of St. John Bosco.

Accompaniment with youth today, following the example of Don Bosco, is a powerful and transformative way to guide

and support young people on their journey. Don Bosco's approach was marked by love, patience and a deep understanding of the challenges faced by the youth of his time. In the spirit of St. John Bosco, who dedicated his life to the welfare and education of young people, I want to emphasize the importance of accompaniment in the lives of today's youth. Our world has changed drastically since Don Bosco's time, but his teachings and methods remain as relevant as ever. Accompaniment is more than just guidance; it is a heartfelt commitment to walk alongside our young brothers and sisters in faith and in life. It means being present in their journey, offering support, and showing unwavering love and understanding. Don Bosco often said, "It is not enough to love the young; they must know that they are loved." This sentiment holds true today. In a world where young people face numerous pressures, uncertainties and temptations, they need mentors and guides who genuinely care for their well-being. Accompanying youth also means being present in their digital lives. Technology is a powerful force in their world, and it can be used for both good and evil. We must be aware of the challenges they face online and help them navigate this virtual landscape with wisdom and discernment. As we the SMA follow the footsteps of Don Bosco, let us remember that accompaniment is a ministry of patience and perseverance. It requires us to be steadfast in our commitment to the young people entrusted to our care. In doing so, we can be a beacon of hope, faith, and love in their lives.

I would like to take a moment to thank the Almighty for inspiring us to publish this second edition of our SMA Newsletter in the year 2023. I do congratulate all the Sisters who have dedicated their tireless support and collaboration on bringing out this Edition, especially, Sr. Berna Dass SMA, the Editor and Sr. Askavi John Peter SMA, the General Secretary and Sr. Francisca Mary who had contributed their exertion and ingenuity, and also those who had cooperated to collect the information from various fields. May God Bless You All for your unceasing service to the Poor and the Abandoned Young Souls.

Sr. Josephine Selvi, SMASuperior General

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Pope's Message to the Youngsters of **TODAY'S MODERNIZED WORLD**



The 37th World Youth Day was held from 03rd - 05th of August 2023 in Lisbon. This youth day was organized after a long break of Corona Pandemic Situation. In this fabulous event Our Beloved Pope Francis, the Representative of Christ took part and encouraged the young ones by his provoking and vibrant message on theme of "God is Calling You". Here is the message that Our Pope has conveyed to the Youngsters:

My Dear Youngsters of the Modernized World,

I extend my warmest greetings and blessings to each one of you. In this rapidly changing and interconnected world, it is crucial for all of us, especially the youth, to reflect on the theme that "God is calling you."

In the midst of the noise and distractions of modern life, it can be challenging to discern God's calling. But remember that God's call is not a loud proclamation, but a gentle whisper in the depths of your hearts. It is a call to a life of purpose, meaning, and service to others.

First and foremost, recognize that you are beloved children of God. Embrace your identity as individuals created in His image, and never underestimate the unique gifts and talents that He has bestowed upon you. You are not alone on this journey; God is with you every step of the way.



Listen to the call of God in the silence of your hearts. Take time for prayer and contemplation. Seek guidance from Scripture and the teachings of our faith. Through these practices, you can discover the path that God has prepared for you.

God's calling often involves reaching out to those in need. It is a call to love and serve your neighbors, especially the marginalized and vulnerable. In the modern world, there are countless opportunities to make a positive impact through acts of kindness, compassion, and justice.



Do not be afraid to dream big and pursue your passions. God's calling may lead you

to unexpected places and endeavors, but trust that He has a plan for your life that is greater than you can imagine. Be open to His guidance and trust in His providence.

Finally, remember that you are part of a global community. Embrace diversity and foster unity among all people. Our world is facing many challenges, and God is calling



you to be agents of positive change, to work for peace, justice, and reconciliation.

In conclusion, my dear youth, I encourage you to listen attentively to the call of God in your lives. He is calling you to be the light and salt of the world, to bring hope, love, and transformation to the modernized world in which you live. May your journey be guided by faith, hope, and Love.

May God Bless you All....

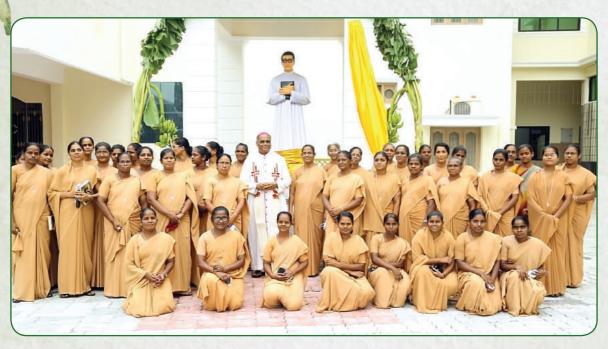
His Holiness Pope Francis, Vatican City.

Source: www.vaticannews.va....



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Inaugural Ceremony of the NEW ASPIRANTATE CUM SHELTER



It was a long awaited dream of the SMA Congregation to construct a new Aspirantate Cum Shelter. Our dream had come true with the timely support of beloved Rev. Fr. Angel Fernandez Artime, the Rector Major of the Salesians of Don Bosco. The newly constructed building was blessed by the Most Rev. Dr. George Antonysamy DD, the Archbishop of Madras - Mylapore

and inaugurated by Rev. Fr. K. M. Jose SDB, the Salesian Provincial of Chennai Province, Rev. Fr. Maria Arokiam Kanaga, the Provincial of UPS, Italy. During this auspicious occasion, many Priests, Nuns and lay Collaborators along with the members of FSMA were present. Around 450 participants have attended the celebration and graced the occasion.





In Loving Memorial Sr. Molly An instrument in God's Hand

"Good people are like candles, they burn themselves upto give others light"
- Unknown



Dear Friends.

In the world of cynicism and despair, there are individuals who shine as beacons of love and dedication. Sister Molly, a devout religious sister, lived a life that not only touched the hearts of those around her but also served as a powerful testament to the boundless capacity for compassion and selflessness that exists within humanity.

Sister Molly was born into a humble family in Idukky, Kerala, but her life was destined for a remarkable journey that would transcend borders and cultures. From her young age, she exhibited a deep sense of empathy and a calling to serve others. As she grew older, her devotion to her faith not only strengthened her but also was guiding her on a path of selfless love.

Her journey of faith led her to become a member of a religious order of Sisters of Maria Auxilium (SMA) dedicated to serving the marginalized and impoverished. She took her vows of poverty, chastity, and obedience with an unwavering commitment, fully embracing a life of simplicity and humility.

One of the most remarkable aspects of Sister Molly's life was her dedication to the people she served with a cheerful heart. Whether it was caring for orphaned children, comforting the sick or offering a listening ear to those in despair, Sister Molly was always there, ready to extend a helping hand with a warm smile. Her presence was a source of solace and hope for countless individuals.

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Sister Molly's impact extended beyond the physical realm. Her spiritual guidance and unwavering faith touched the hearts of those who crossed her path. She had a remarkable ability to instill a sense of purpose and hope in the lives of the downtrodden, inspiring them to persevere through adversity.

In addition to her charitable work, Sister Molly was a true advocate for interfaith dialogue and unity. She firmly believed that love and compassion transcended religious boundaries and that people of all faiths could come together to make the world a better place. Her actions spoke louder than words, and her ability to foster understanding and harmony among diverse communities was truly remarkable.

As the years passed, Sister Molly's health began to decline, but her spirit remained as strong as ever. Even in her frailty, she continued to minister to those in need, embodying the essence of selflessness until the very end of her life.

Sister Molly's passing was mourned by many, but her legacy lives on in the countless lives she touched. She serves as a reminder that a life of love and dedication is not defined by material wealth or personal accomplishments, but by the impact we have on the lives of others. Her example continues to inspire individuals from all walks of life to follow in her footsteps, embracing a life of compassion and service to humanity.

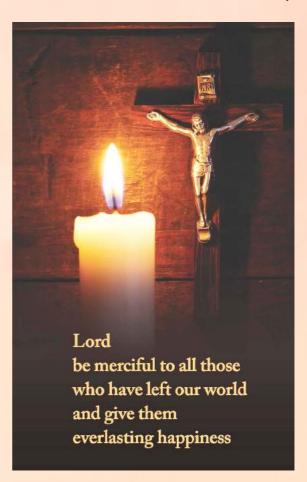
The world is often marred by division and strife, Sister Molly's life serves as a testament to the power of love, faith, and dedication to bring people together and make the world a better place. Her memory will forever be cherished among the SMA Family as a

symbol of hope, reminding us all that we can make a difference in the lives of others through acts of love and selflessness, like wise God has made her as an instrument of his own love to knit the hearts together by serving the most underprivileged young in the society of Sisters of Maria Auxilium for the past 35 years. The SMA Family is always grateful for her selfless service towards the betterment of the SMA Congregation.

> May we salute you Sister May we never forget you...

May Your Soul Rest In Peace

Sr. Askavi John Peter SMA General Secretary



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COMMISSIONS IN SMA

FORMATION COMMISSION

"God calls all Christians to become more like Jesus through the power of the Holy Spirit" (2 Cor 3:18)

Formation has been an essential ministry of the Congregation from its inception. To continuously form our own members well, who could prepare the future of the Congregation, the Person chosen as a formator must be integral woman – not simply academically inclined, not just spiritual. She should be matured and dedicated to the Congregation and its mission of serving the poor and abandoned young Girls.

The Goal of the Formation Commission is to form the canditates to the Congregation in various aspects like, Spiritual, Intellectual, Social and Emotional Developments.

ASPIRANTATE













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PRE-NOVITIATE







NOVITIATE













FORMEES GET TOGETHER













ONGOING FORMATION

Ongoing Formation, often referred as continuous learning or lifelong learning. It is the process of acquiring Spiritual knowledge and skills throughout one's life. It is not limited to a formal education setting but extends to various aspects of personal and professional development.

According to this motive we had also many input sessions in our ongoing formation like, Annual Retreats, Seminars /Webinars on various topics, Orientation training programs, Spiritual Courses (Formation, Renewal, and Preparatory Courses), Monthly & Tri- Monthly Recollections on different themes.



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EDUCATION COMMISSION

"Education is not a filling of a Pail, but the Lighting of a Fire" - Unknown

Education is a fundamental human right and a key driver of social and economic developments. Recognizing the critical importance of education, the Education Commission was established to address global education challenges, advocate for increased investment, and foster innovative solutions. Accordingly, we the SMA Sisters are working in our own Schools namely, St. Thomas Matric. Hr. Sec. School, Nergunapattu, Don Bosco Primary School, Sastri Nagar and Don Bosco Nursery & Primary School, Itchiputtur to empower the children of today's context.

We follow the syllabus given by the Government and we concentrate not only on the syllabus but also on Moral education, Extra-Curricular activities, Celebrations like Teacher's Day, Children's Day, Diwali, Pongal, Christmas, Independence day, Republic day, Sports day, Annual Day, Graduation Day, PTA Meeting and Competitions like singing, dancing hand writing, poem & Story writing, Drawing, Speech etc., through which we can help the children to grow in all the qualities for their personal life.

ICHIPUTTUR













KAKKANJI NAGAR







SMA NEWSLETTER 14 September 2023







NERGUNAPATTU













SOCIAL COMMISSION

"The best way to find yourself is to lose yourself in the Service of Others" - *Unknown*

The SMA Sisters work through these NGO's (SIRPI, PRVNSSS) which help us to serve the women from poor background through our social work in which the women find their solace and Support. The activities undertaken by us generally encompass the following areas, Microfinance and Savings, Income-Generating Ventures, Skill Development and Training, Health and Sanitation, Education and Awareness, Social Empowerment, Community Development, Peer Learning and Support, Financial Literacy and Management, Access to Government Schemes.

Mainly we concentrate on Women's Self-Help Groups engaging in a wide range of activities aimed at promoting financial independence, economic development, social empowerment, and overall well-being among their members. We not only empower women but also contribute to the overall development of communities by addressing pressing issues and fostering a sense of solidarity and self-reliance.







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FOUNDER'S DEATH ANNIVERSARY

"Everyone is born as an original, but many die as a photo copy" - Unknown

On every 23rd of January, we the SMA Sisters remember and honor the life of our beloved Founder Rev. Fr. M.C. Antony SDB. It has been 33 years since his passing, but his memory lives in our hearts. Our Founder touched our lives in profound ways, and today we cherish the moments we shared with him. Let us reflect on the love, joy, and wisdom he brought into our lives through his sense of Charity to the Orphaned and Abandoned young and to the Destitute.

On this day we had the grand Holy Eucharistic Celebration and special veneration to him in all our respective mission stations according to our own creativity.















SUPERIOR GENERAL'S COMMUNITY DAY EVENTS

We the SMA Family had our Superior General's Community Day on 28th of January 2023 at our SMA Generalate, Madhavaram. During this auspicious day we thanked God for the eminent leadership of our Superior General. The Holy Eucharist was presided over by Rev. Fr. Louis, SDB, the Parish Priest of Don Bosco Shrine, Aynavaram. After the Eucharistic celebration we all conveyed our greetings and wishes to our Superior General. On this joyful day we had various events like Games and Cultural events by our Sisters, Candidates & our Children.



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SILVER JUBILEE CELEBRATION & **FSMA PROMISE CEREMONY**

We the SMA Sisters had the Joy of celebrating the Silver Jubilee of Five of our Sisters namely, Sr. Viji Arockiamary, Sr. Patrose, Sr. Jeya.G, Sr. Nirmala Mary Rayappan and Sr. Delphine on 27th of August 2023 at our SMA Generalate, Madhavaram. This auspicious day was beautified by the grace filled presence of Rev. Fr. Agilan Sarprasadham SDB, the Provincial of Trichy Province who presided over the Holy Eucharistic Celebration in an eminent way. In a Special way his vibrant homily had highlighted about being a "Joyful Religious". He said: "Where there are religious, there will be Joy" a quote by Pope Francis. This was Fr. Agilan's main theme during his homily. We had also the joy of having 28 New Friends for SMA Family as a FSMA Members on this special day. Soon after this we had the felicitation and cultural programs by our Novices, Pre- Novices and our Children. As the culmination, Our Superior General Felicitated the Jubiliarians by honoring them with shawl and gifts. It was a joyous occasion for our SMA Family.



Special Efforts by our Superior General

New Community in North Italy

"Community is not just being together, it's about Life together" Unknown

The SMA had the Joy of extending with one more New Mission Station at Congliano, in North Italy on 2nd October 2022 collaboration with the FMA Sisters which confirmed us that we have reached the next dimension of our Congregation. The New Community has begun in the presence of our Superior General Rev. Sr. Josephine Selvi SMA. There, the Sisters look after the aged Nuns and they meet all their necessary and daily needs under the Guidance of the FMA Sisters.

Present Community Members

Sr. E. D Mary Sr. Pushparani. G Sr. Rosamma Chacko



















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YOUTH AND PAST PUPIL ASSOCIATION IN SMA

"In every young person a point of goodness is accessible" - Don Bosco

Every year the youth meetings are conducted in various convents. In the year 2022 the youth meetings were conducted by the General Councilor and the youth coordinator Rev. Sr. Sebasthiammal SMA, the animators of the local communities helped to lead these meetings. The youth meetings were held in Kakkanji nagar, Nergunapattu, Ichiputtur, Amsam, Madumanagar, Sagayathottam, Thiruvetriyur, Madharpakkam and Keeranur. From different villages more than 150 young boys and girls took part in those meetings. During These meetings various topics were discussed and they are mentioned below:

- Charism of the SMA Congregation.
- Importance of the youth meeting.
- The role of the youngsters in the Church.
- The responsibilities of the youngsters in today's modernized world...
- The role of the President, Secretary & Procreator at the local level.....



Orphan & Semi-Orphan Movements in SMA

"Every child is a different kind of flower and all together make this world a beautiful garden" Unknown

According to this quote we the SMA Sisters are very much concerned about to carry out the Charism of our Founder and of our Congregation that is "TO LOOK AFTER THE POOR AND ABANDONED YOUNG GIRLS" in our daily lives. Because, children are the most vulnerable members of our society, and their well-being and development are essential for the future of any community. Among these children, orphans and semi-orphans face unique challenges that demand our attention and support in their daily lives.

In recent days, Our Superior General gives life to this particular movements during her Canonical Visitation in 2023 onwards. She had begun this specified ministry on 24th May 2023 Feast Day of our Patroness Mary Help of Christians at our SMA Generalate, Madhavaram by offering Rs. 5,000/- to each of the Orphan & Semi- Orphan Children as a sign of supporting for their Educational efforts.

She had also given Rs. 5,000/- for the same purpose to each of the Children at Sirumalar Illam, Madumanagar, Perambur, SMA Novitiate & Clivebattery during her Canonical Visitation in 2023. This specified mission would be carried out continuously by our Superior General.



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FSMA Meeting at various places

















Ministry to the Tribal Communities

"Difficulties in your life don't come to destroy you, but to help you realize your hidden Potential". - Unknown

We the SMA Sisters work for the improvement of the Tribal and Rustic dwellers at several mission stations like, Madharpakkam in Tamil Nadu, Dikul and Pransagar in West Bengal and Jharkhand in Dumka Diocese by collaborating with Diocesan Priests and Jesuits. We are very glad to serve them by knowing their traditions, culture and customs. We do offer our humble service in the following ways:

- Motivating the young and women
- Looking after the Children in Hostels and Boarding
- Working in the Educational Institutions
- Visiting Their Houses

- Conducting various orientation Programs
- Night Study Centre
- Pastoral Ministry
- Meeting their Necessary Needs
- Supporting their Education

We the SMA Sisters are glad to carry out the words of Jesus "Truly I tell you, whatever you did for one of the least of these Brothers and Sisters of Mine, You did for me" (Mt 25:40).



September 2023 SMA NEWSLETTER

SAINT'S CORNER

A Beacon of Holiness in the Digital Age

Name : Bl. Carlo Acutis Born On : 03rd May 1991

Birth Place : London

Parents : Andrea Acutis, Antonia Salzano

Lived in : Milan

Life Motive : "I offer all the suffering I will have

to Suffer for the lord, for the pope

and the Church".

Personal Hobbies: Video Gamer, Computer

Programmer & regularly

updating the Eucharistic Miracles

on a Website.

Died On : Oct 12th 2006 (Due to Leukemia)

Buried in : Assisi (Near the Tomb of

St. Francis Assisi)

Canonization : 2013 (Process begun)

Venerable : 2018

Beautification : 10th October 2020

Patron for : Youth & Computer Programmers

Life and Ministry of Bl. Carlo Acutis:

Introduction

The world is increasingly dominated by technology and materialism, Carlo Acutis stands out as a remarkable example of sanctity and devotion. Born on May 3, 1991, in London to Italian parents, Carlo Acutis became a symbol of faith and piety in the digital age. His life was cut short at the tender age of 15, but his legacy continues to inspire countless individuals around the world.

Early Life and Family

Carlo Acutis was raised in a loving and devout Catholic family that instilled in him the values of faith, compassion, and generosity. His parents, Andrea and Antonia, played a pivotal role in shaping his spiritual journey. They nurtured his faith from a young age and encouraged him to be deeply involved in the Church.

Eucharistic Devotion

One of Carlo's most profound spiritual passions was his deep love for the Eucharist. He fervently believed in the real presence of Christ in the Eucharist and attended Mass daily. His devotion to the Holy Eucharist was not only a personal commitment but also an inspiration for others. He once said, "The Eucharist is my highway to heaven."



Miracles Attributed to Carlo

Even during his short life, Carlo Acutis was known for his miracles. The most notable miracle attributed to him involved the healing of a Brazilian boy named Matthews, who was suffering from a rare pancreatic disorder. Doctors had given up hope, but Matthews miraculously recovered after his family prayed to Carlo Acutis, leading to Carlo's beatification.

Embracing Technology for God

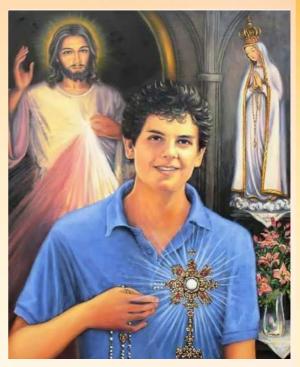
In an era when many young people are absorbed by the digital world, Carlo Acutis used technology as a means to spread the message of Christ. He created a website cataloging Eucharistic miracles from around the world, with the aim of making this invaluable information accessible to anyone interested. This website continues to touch the lives of countless individuals.

Legacy and Beatification

Carlo Acutis passed away from leukemia on October 12, 2006. His untimely death was a great loss to his family and the Catholic Church. However, his memory lives on through his beatification, which took place on October 10, 2020, in Assisi, Italy. This step on the path to sainthood was a testament to Carlo's extraordinary life of holiness and his deep connection to God.

A Model for Youth

Carlo Acutis is a shining example for young people today. He demonstrated that holiness is not reserved for the elderly or the clergy, but is attainable for all, regardless of age or circumstances. Carlo's life inspires young Catholics to embrace their faith wholeheartedly and to use their talents and passions to bring others closer to God.



Conclusion

Dear Friend! I hope the life of Blessed Carlo Acutis is a powerful reminder of the enduring impact one individual can have on the world. In an age marked by distractions and superficiality, Carlo's unwavering faith, deep love for the Eucharist, and use of technology for evangelization serve as a beacon of hope and inspiration. As we reflect on his life, may we be encouraged to live our faith more authentically and use our gifts to draw others closer to God, just as Carlo did during his brief but profoundly meaningful life.

Blessed Carlo Acutis... Pray For All the Youngsters!!!



Complied by : **Sr. Askavi John Peter SMA** General Secretary

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Humility of Mary:

Blessed be the humble heart of the Virgin Mary Set apart, in her meekness, and her Grace, She teaches us to seek God's Face. As a sign of attaining God's Grace.

With hand that serve, the eyes that see Mary reminds us of the way to be For in her humility we find the key To live a life that's holy and free.

She bore a Son the King of Kings Yet never lost her humility For she knew her place in God's Great Plan To serve and love as only a Mother Can.

With the gentle words, and loving care Mother showed us how to be aware Of the needs of others and to serve With love both day and night.

Her heart was filled with God's great love A Love that flowed from heaven above And in her Humility she showed the way To Live a life that' humble every day.



Sr. Gracy Xavier SMA, Moovanur



Fr. M.C. Antony, SDB The Servant of the Poor

In a humble abode, in a corner of grace, Lived Fr. M.C. Antony, a man of God's embrace. With a heart full of kindness, a soul pure and true, He dedicated his life to the girls in need, a chosen few.

In the shadows of despair, he found his call,
To lift the burdened spirits, to mend the broken wall.
With arms open wide, he welcomed them all,
The abandoned, the lost, at his loving call.

In simplicity he dwelled, in poverty he thrived,
For material riches, he never strived.
His treasure was the smiles of those he restored,
The young girls he sheltered, their hearts he adored.

Though he may be gone, his legacy lives on, In the hearts of the girls whose lives he had drawn. A simple, holy man, who showed them the way, Fr. M.C. Antony, forever in our hearts, will stay.



Sr. Arul Libiya, SMA SMA Generalate.

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touth in todays Context

YOUTH-Young, Outgoing, United, Turthful, and Humble The Alpha Generation has made a massive impact on society today, Especially among young minds. The psalmist prays "Make us know" The shortness of our life, Lord". But today humanity is on the quest For immortality. Some resource studies prove that "Al" is going to Make humans immortal. So, well then, how this affects the ordinary Life of people, especially the youngsters.

They are clouded by so many things like Money, Power, Depression, Sexual activity, Alcohol, Drugs, Peer Pressure and Academic problems and they don't get ample guidance from the elders. We come across the saying "Follow your heart's desire". Bravo! Isn't? The present society focuses on only the outcome, no one is bothered

About the process, and this leads the young to look for shortcuts.

"Shortcuts will cut short the life one day"

However, the motivation of the youths in today's context is based on Self-gaining tactics. "Hi- Bye relationships", and "Use and throw Culture" are predominant now. Human and Christian values are Becoming taboo for the youth today. We all like to live the life which Has no struggles, particularly the youth want to lead such a life. They Never dare to face or undergo such a struggle. In this case they need To be helped out and outgrown in all the level. Everybody likes to be The Boss.

One of the Tamil Haiku poems captures the state of the leaders like this, "No advice, Lead us, I found no one "There are very few people who dare to "walk the talk" today. Youths are not prepared to be responsible for themselves and society.

"Where there is no vision, there will be ruin" states Martin Luther King Jr. If we look at the root cause of this chaotic state, we can identify addiction of various kinds, misuse of modern technology, and individualism plays a pivotal role. What is the solution to all these? How could we make progress towards a healthy society?

1. The proper guidance and Accompaniment:

Most of the youths are not willing to listen to the advice of anyone. They look for an exemplary person who can "walk the talk".

In the rat race, the youths are abandoned to look after themselves with no experience of what really life is! In those cases, they need a Person who can feel them and show them the way.

2. Being Enthusiastic:

Youths need to be initiated into the quest of self-discovery. They Are to explore, feel, and experience the world. This is the prime time For them to exhibit their inborn gifts as well as to gain knowledge.

3. Finding the meaning of his/her life:

Viktor Frankly puts his life experience as follows, "If a man knows why to live, he can put up with anyhow". This can be the guiding Principle to set our goals for our life. Youth need to be aware of their way of life and what they want to be in the future!

Hence, it depends on the individual to make his life a meaningful One.

"If you look beautiful, that's God's gift to you; if you make your life Beautiful, that's your gift to God" - Unknown



Sr. Mercy Kulandai SMANovice Mistress, SMA Novitiate

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ට් විතියා දින කර්නද අත්තන බිණුන්නර් එර්ගීපිw...

என் இனிய ஆசானே! என்னை செதுக்கும் சிற்பியே! அறிவின் நற்களஞ்சியமே! நற்குணம் நல்லெண்ணம் உன்னில் கண்டேனே! ஈடில்லா அன்பினையும்! தூய நல்லநிவுரையும்! அனுதினமும் தவநாது எமக்குத் தந்தாயே! கடமையில் பொறுப்பாக! பண்பினில் உயர்வாக! உண்மையும் நேர்மையும் கொண்ட நெஞ்சங்களே! உலகெங்கும் உமது புகழை உரைத்திடும் நாளிதுவே! உன் அன்பில் மகிழாத நெஞ்சமில்லையே! சின்னஞ்சிறு தவறினையும் பொறுமையாய் சகித்துக் கொண்டாய்! என் கண்கள் கலங்கிவிட்டால் மனம் வருந்துவாய்! சின்னச்சின்ன சிரிப்பினிலே செம்மையான மொழியினிலே! ஆயிரம் பாடங்களை எனக்குக் கற்பித்தாய்! அகிலம் கண்டிடாத அமைதிப்புறா நீ! என்னை ஈன்றிடாத மறு தாய் தந்தையும் நீ! பருவங்கள் மாநிவிடலாம்! வருடங்கள் ஓடிடலாம்! யாம் பெற்ற கல்விச் செல்வம் என்றும் மாறாதே! எழுதுவேன் என் விரலால்! உரைப்பேன் என் மொழியால்! அழகான எனது பள்ளிக் கனா காலங்களை! இரைவன் அளித்திட்ட வரமும் நீ! எழுதிட முடியாத சரித்திரமும் நீயே!

எழுதியவர்:

அருட்சகோ. லாலி தாமஸ் SMA சபையின் ஆலோசகர் (மாதர்பாக்கம்)





- இழந்தை இயேசுவை சந்திக்க வந்த வேற்று நாட்டு அரசர்கள் மூன்று பேர் (லூக் 2: 10)
- 🔷 குழந்தை இயேசுவுக்கு அளிக்கப்பட்ட காணிக்கைகள் மூன்று (மத் 2:11)
- 🔷 காணமற்போன இயேசுவை கோவிலில் கண்டது மூன்றாம் நாளில் (லூக்2:46)
- இயேசுவின் திருமுழுக்கின் போது பிரசன்னமானது மூன்று ஆட்கள் (லூக்3:22)
- 🔷 இயேசு பாலைநிலத்தில் மேற்கொண்ட சோதனைகள் மூன்று (லூக் 4: 1-13)
- 🔷 இயேசு தோற்றம் மாறிய போது அவரோடு இருந்த சீடர்கள் மூன்று (மத் 17:1)
- 🔷 யோனா மீனின் வயிற்றில் இருந்தது மூன்று நாட்கள் (மத் 12:40)
- 🔷 இயேசு தம் பாடுகளை அறிவித்தது மூன்று முறை (மத் 20:17-19)
- ♦ தாலந்து உவமையில் வரும் ஊழியர்கள் மூன்று பேர் (மத் 25:15)
- இயேசு கெத்சமனி தோட்டத்தில் முகம் குப்புற விழுந்து செபித்தது மூன்று முறை (மத் 26:36-45)
- 🔷 பேதுரு இயேசுவை மறுதலித்தது மூன்று முறை (மத் 22:40)
- ♦ இயேசு தம் ஆவியை கையளித்தது மூன்று மணிக்கு (மத் 28:40)
- இயேசு உயிர்த்தெழுந்தது மூன்றாம் நாள் (மத் 28:64)

தொகுத்தவர்: அருட்சகோ. அக்ஸீலியா SMA SMA தலைமையகம்



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